



**FACULTY OF SHIPPING  
& MARITIME STUDIES**

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**MARITIME ACADEMY**

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**SUPERYACHT ACADEMY**





A unique  
choice for  
high-quality  
education at  
Greece's most  
comprehensive  
and Southern  
Europe's  
largest School  
of Maritime  
Studies.



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EXCLUSIVE  
PARTNERSHIP  
WITH THE  
WORLD LEADER

# SOLENT UNIVERSITY

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## SOUTHAMPTON

Through its partnership  
with Solent University of  
Southampton, Metropolitan  
College constitutes the most  
comprehensive School of  
Maritime Studies in Greece  
and one of the largest  
Maritime and Shipping  
Education and Training  
providers in Southern Europe!

The academic programmes of both Metropolitan College's Maritime Academy and School of Maritime Studies are provided through an exclusive partnership with the renowned Warsash School of Maritime Science and Engineering of Solent University in Southampton. It is worth mentioning that Maritime education and training programmes of Solent University are consistently featuring among the best worldwide.

Fostering the University's global prospects through the development of sustainable international partnerships has always been top priority for Solent University. In 2015, Solent University positively weighed the prospect of a long-term academic partnership in the field of maritime studies with a Greek higher education provider after taking into account the facts that:

- a. Greece has become the leading transnational education (TNE) provider of UK higher education programmes in Europe, b. Greek fleet is the largest in the world,
- c. Maritime sector is by far the most outward-looking in the Greek economy, and
- d. Current research studies' indicate that shipping and maritime educational institutions should be reinforced and updated.

Metropolitan College proved to be the most reliable partner from the very beginning. Furthermore, Metropolitan College has noticeably developed into the largest and maybe the most prominent British higher education provider throughout Europe, despite the severe financial crisis in Greece.

Solent University initially collaborated with the College in providing Maritime Business programmes, both at Bachelor's and Master's levels. Through franchise provision, Metropolitan College students are able to be enrolled in the world renowned Solent University programmes; they attend the exact same programmes offered at Southampton and, upon successful completion, they graduate, obtaining an internationally recognized degree, directly issued by the partner university.

From the earliest stages of this partnership, it was agreed that the planning should culminate by providing maritime training programmes for merchant navy officers. Both Solent University and Metropolitan College have worked together, in order to establish the first UK led and privately owned maritime academy in Greece, thus creating one of the most promising, sustainable and acclaimed initiatives in international maritime education. The establishment of Metropolitan College Maritime Academy marks a new era in Greek higher education, thus giving young Greeks the opportunity to attend one of the world's best maritime academies without leaving their country.







## ACCREDITATIONS AND PARTNERSHIPS WITH WORLD LEADING INSTITUTIONS

Metropolitan College is the only higher education institution in Greece accredited simultaneously by the world leading maritime institutions DNV-GL, MCA, IAMI, PYA και RYA.



### DNV-GL

**Det Norske Veritas - Germanischer Lloyd**

DNV-GL is a globally leading quality assurance and risk management company. With 100.000 customers across the maritime, oil & gas, energy as well as a series of other industries, DNV GL helps companies to become safer, smarter and greener. DNV GL, in its current structure, became operational in 2013 as a result of the merger between the Norwegian (Det Norske Veritas, 1864) and the German (Germanischer Lloyd, 1867) classification societies.

Metropolitan College is the only college accredited as a Maritime Training Provider (DNVGL-ST-0029) by the world leading DNV GL Classification Society. This accreditation is highly important, not only because of the significance of the provider, but primarily because of what it actually entails: successful and continuous quality control in every process of developing, providing and evaluating academic programmes, quality in programme planning and targeting, in academic staff selection and finally, in programme evaluation and improvement based on maritime needs.



### MCA

**Maritime & Coastguard Agency**

The Maritime & Coastguard Agency's work is to prevent the loss of life on the coast and at sea. MCA is the UK Coastguard responsible for the safety of everybody on a vessel in UK waters, the safety of all seafarers on UK flagged ships, making sure all equipment on UK vessels is fit for purpose and all seafarers on UK vessels have correct documentation, the environmental safety of UK coasts and waters, the accuracy of hydrographic data on UK charts, overseeing coastal rescue volunteers, hydrographics, seafarer certification and the port state control inspection regime. MCA also produces legislation, offers guidance on maritime matters, and provides certification to seafarers. It should be noted that MCA is one of the most powerful coastguards in the world.

Metropolitan college has been accredited by MCA for fully providing EDH (Efficient Deck Hand) and HELM-O (Human Element Leadership & Management – Operational Level) programmes in Greece, taking place in the special facilities in Piraeus Campus. Moreover, Merchant Navy Officer and Yacht/Superyacht academic programmes shall be provided in Greece following MCA approval, whereas Maritime Competency Certificates for students successfully completing the programmes in question are directly issued by MCA.

## IAMI

### International Association of Maritime Institutions

The International Association of Maritime Institutions is primarily an association of organisations involved in providing education and training for personnel in all maritime sectors. It is based in the UK and includes in its membership all of the major providers of courses leading to statutory Department of Transport certification, as well as the IMarEST (Institute of Marine Engineering, Science and Technology) and the Nautical Institute.

The aim of IAMI is to provide a platform for an exchange of views between academic institutions along with a channel of communication between academic institutions and the various national bodies involved in the training and certification process. IAMI is on the consultation list of the Maritime and Coastguard Agency (MCA) of the Department of the Environment, Transport and the Regions, the UK regulatory body for marine matters, and its members frequently come into contact regarding both day-to-day practicalities and future developments.

Metropolitan College has been certified by IAMI as a provider of G.U.E.S.T., the internationally accredited training programme for Yacht Stewards, whereas Metropolitan College Maritime Academy Engineer Cadets must take an IAMI exam in order to obtain their certificate.



## PYA

### Professional Yachting Association

The Professional Yachting Association is a non-profit association which was founded in 1991, and exists primarily to represent the interests of professional yacht crew. The association has members from nearly 90 countries around the world and helps its members by verifying their sea service, and by providing accurate, unbiased advice on certification, training, welfare, and regulations. The PYA is supported by its Partners who are drawn from a variety of organisations providing services in this sector. It represents the yachting industry at an administrative level, working to ensure that the voice of its members is heard by government regulators and at industry forums. The PYA is the only organization committed to helping professional yacht crew in this way.

Metropolitan College is the only accredited PYA member in Greece.



## G.U.E.S.T.

### Guidelines for Unified Excellence in Service Training

The G.U.E.S.T. programme is the training and assessment standards for all levels of Yacht Crew working in the hospitality and service Interior departments of a Super Yacht. The programme specifies the fundamental principles of providing 7 star services in the highly demanding yachting sector. G.U.E.S.T. is the only internationally recognized certification available to Yacht crew, accredited by the International Association of Maritime Institutions.

Metropolitan College is the only institution in Greece licensed to provide the specific programmes offered by the College Superyacht Academy, specializing in Yachting.



## RYA

### Royal Yachting Association

Royal Yachting Association is the UK national body for both recreational and / or professional practicing in all forms of boating. RYA's purpose is to support and promote safe, successful and rewarding yachting practices.

Metropolitan College has been recognized as a RYA training centre, and provides training programmes of this internationally recognized institution.

Metropolitan College is also accredited by the two most prestigious professional societies in the shipping industry worldwide, namely the Institute of Chartered Shipbrokers (ICS) and the Chartered Institute of Logistics and Transport (CILT).

## ICS

### Institute of Chartered Shipbrokers

Founded in 1911, the Institute of Chartered Shipbrokers is the only internationally recognized professional body in the commercial maritime arena and it represents shipbrokers, ship managers and agents throughout the world. The ICS sets and examines the syllabus for membership, providing the shipping industry with highly qualified professionals.

Graduates of the Metropolitan College School of Maritime Studies are eligible for an exemption from a significant part of the ICS certification examinations, which enables them to achieve membership much sooner.



## CILT

### Chartered Institute of Logistics & Transport

The Chartered Institute of Logistics and Transport supports professionals involved in transport and logistics and it is the world leading professional association in the supply chain.

Following the completion of Metropolitan College Maritime Studies undergraduate programmes, graduates obtain an individual exemption certificate from standard examination for membership.



Moreover, Metropolitan College is an associate member of BIMCO, INTERTANKO and INTERCARGO, namely the world's greatest shipping associations, which, along with the International Chamber of Shipping, constitute the Round Table of International Shipping Associations.



## BIMCO

### Baltic & International Maritime Council

BIMCO is the world's largest international shipping association, with around 2,000 members globally, and provides a wide range of services to its global membership – which includes shipowners, operators, managers, brokers and agents.

BIMCO is recognized worldwide for the clarity, consistency and certainty of its standard maritime contracts.



## INTERTANKO

### International Association of Independent Tanker Owners

INTERTANKO (the International Association of Independent Tanker Owners) is a trade association that has served as the voice for independent tanker owners since 1970, representing the interests of its Members at national, regional and international levels. The organization champions an industry dedicated to support global energy networks by delivering safe, efficient and environmentally sound transport services.

INTERTANKO's aim is to provide leadership to the Tanker Industry in serving the world with the safe, environmentally sound and efficient seaborne transportation of oil, gas and chemical products, whereas its vision is a responsible, sustainable and respected Tanker Industry, committed to continuous improvement and constructively influencing its future.



## INTERCARGO

### International Association of Dry Cargo Shipowners

The International Association of Dry Cargo Shipowners (INTERCARGO) is representing the interests of quality dry cargo shipowners. INTERCARGO convened for the first time in 1980 in London and has been participating with consultative status at the International Maritime Organization (IMO) since 1993.

INTERCARGO provides the forum where dry bulk shipowners, managers and operators are informed about, discuss and share concerns on key topics and regulatory challenges, especially in relation to safety, the environment and operational excellence. The Association takes forward its Members' positions to the IMO, as well as to other shipping and international industry fora, having free and fair competition as a principle. INTERCARGO is committed to safety and quality in ship operations, with a focus on operational efficiency and the protection of the marine environment.

As an associate member of these important maritime associations, Metropolitan College provides students with access to numerous sources of information and data, which may enable them to gain a better understanding of the shipping industry and the industry challenges ahead.



Metropolitan College is also a Marine Member of the Institute of Marine Engineering, Science and Technology (IMarEST), as well as the Hellenic Marine Environment Protection Association (HELMEPA).



## IMarEST

### Institute of Marine Engineering, Science and Technology

The Institute of Marine Engineering, Science and Technology – IMarEST is the international professional body and learned society for all marine professionals, as well as the first Institute to bring together marine engineers, scientists and technologists into one international multi-disciplinary professional body.

IMarEST is the largest marine organisation of its kind with a worldwide membership based in over 120 countries and its vision is a world where marine resources and activities are sustained, managed and developed for the benefit of humanity.

Metropolitan College students have the opportunity to attend IMarEST seminars and have access to online material and webinars, offered regularly on a series of topics by the institute.



## HELMEPA

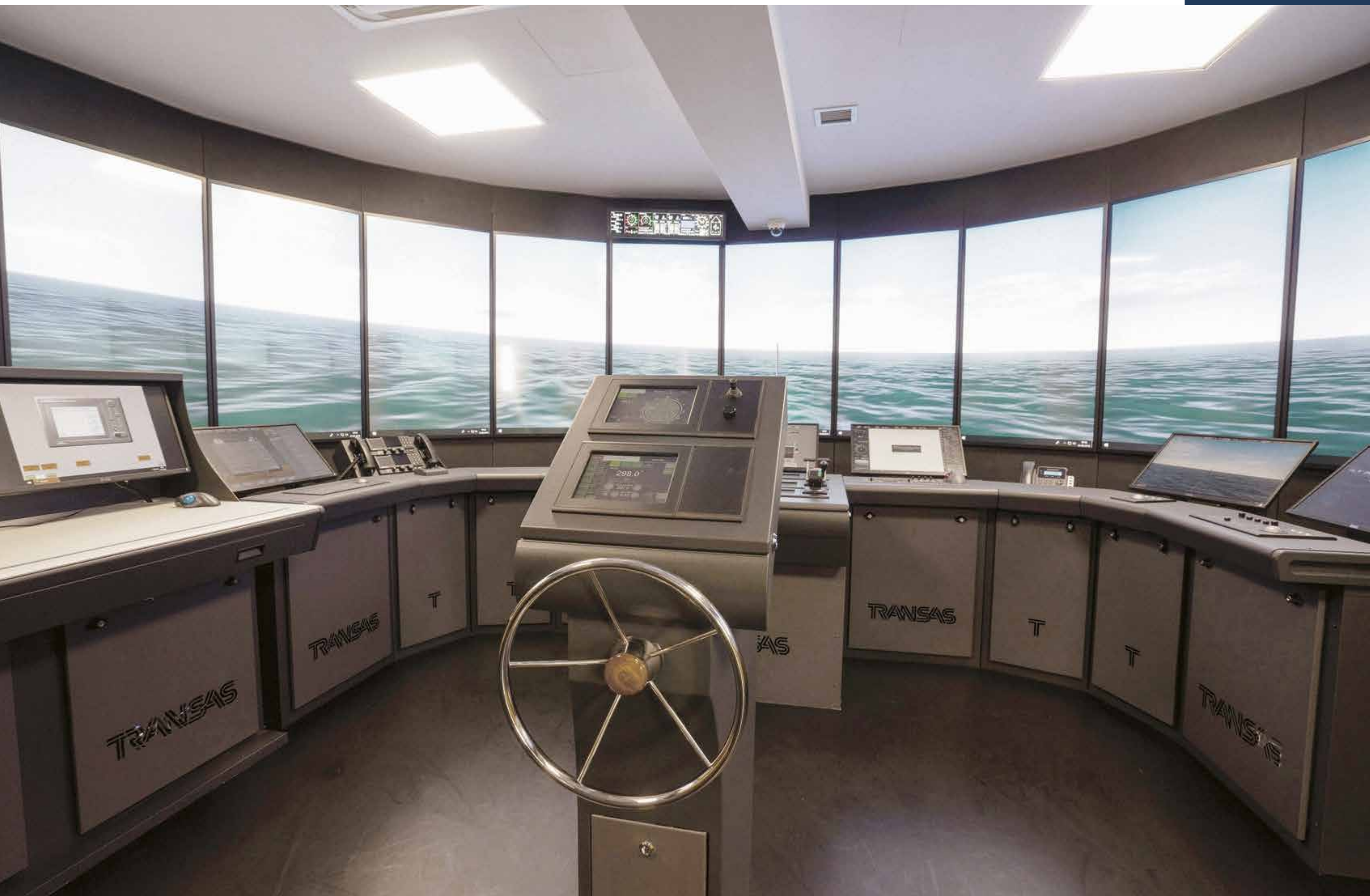
### Hellenic Marine Environment Protection Association

The Hellenic Marine Environment Protection Association is a pioneering voluntary commitment of Greek seafarers and ship owners to safeguard the seas from ship-generated pollution. Under the motto “To Save the Seas”, the Greek Shipping Industry has been consistently supporting this initiative since 1982 to date. The initiative aims for the human element of the Maritime Community to acquire an environmental consciousness and a spirit of safety towards achieving quality shipping, always at the service of humankind.

As a member of this Association, Metropolitan College fully supports the vision of HELMEPA and takes every opportunity to actively participate in actions and activities, aiming to communicate its work and enhance its presence.







**STATE-OF-THE-ART  
FACILITIES AND INFRASTRUCTURE**



Metropolitan College's School of Maritime Studies is located in the heart of Piraeus, the greatest port in Greece and one of the greatest ports in the world, whereas the College also operates in three more campuses across Greece, in Athens, Maroussi and Thessaloniki.

Metropolitan College's School of Maritime Studies premises in Piraeus expand at an 11-floor modern 3.500m<sup>2</sup> campus. Metropolitan College has made a serious investment in infrastructure, aiming to offer students an unparalleled academic environment, which ensures a comprehensive and exciting student experience.

The School of Maritime Studies' facilities include specialized laboratories with high-end equipment of the latest generation.

### **FULL MISSION BRIDGE SIMULATOR**

In order to provide the Maritime Academy Cadet Officers with a comprehensive education, Metropolitan College has installed a TRANSAS DNV-A 240° full mission bridge simulator, one of the most sophisticated, impressive and functional full mission bridge simulators in the global market currently.

This particular simulator meets the requirements and standards on navigation training for merchant vessels according to the STCW Convention. Using a highly advanced technology, it allows for cadet training in an unlimited number of scenarios, similar to those they may need to deal with during field trips both as Cadets (NAEST) as well as Deck Officers later in their career. This is how cadets in the Academy become familiar with work and practice taking place in each vessel in a series of highly important work sectors related to vessel route planning, position verification, securing a safe navigation watch on bridge, responding to situations of danger, search and rescue as well as the use of ARPA radars of every modern electronic and telecommunication equipment contributing to safe navigation, etc.

Furthermore, it should be noted that the full mission bridge simulator is cross-functional with the relevant full mission engine room simulator and the ECDIS, thus ensuring an interactive and comprehensive training for Deck and Engine Cadets in perfectly realistic conditions of vessel operation.



## ELECTRONIC CHART DISPLAY AND INFORMATION SYSTEM (ECDIS) ROOM

This Maritime Academy state-of-the-art ECDIS system offers the standard STCW training framework for deck cadets, which shall substantially assist them in gaining the ability of making crucial decisions for safe vessel navigation.

This particular system offers the opportunity to perform (in ten work stations) all the necessary actions and procedures related to vessel passage preparation, planning, implementation and plotting in the same way that this passage is performed with traditional navigation instruments.

## FULL MISSION ENGINE ROOM SIMULATOR

Similarly to the full mission bridge simulator, TRANSAS full mission engine room simulator is a state-of-the-art training system for engine cadets of the Maritime Academy.

It reflects the devotion of the Metropolitan College marine training programme to provide cadets with a simulation environment as similar as possible to the real conditions of a vessel engine operation.

Firstly, the simulation includes the Engine Room, which enables the execution of all engine functions in 3D visualization using touch screen panels. With four work stations, cadets are allowed to train in a photo-realistic engine room, equivalent to two engine types (Dual Fuel Diesel-Electric LNG Carrier και MAN B&W 6S60MC-C Diesel Engine-Tanker LCC) and familiarize themselves with engine equipment and systems in an interactive manner.

In addition, the engine Control Room, situated nearby, features certain basic characteristics, such as switch panels and touch screen monitors for operation and monitoring of the main and auxiliary engine propulsion systems.











## HIGH VOLTAGE INSTALLATION

This TRANSAS high voltage installation of the Maritime Academy constitutes a highly specialized and innovative educational solution for engine cadets. It consists of a real 6.6kVA switchboard vacuum circuit breaker and HV cabling, which may be used to simulate the HV parts of a diesel generator panel.

## LIQUID CARGO OPERATIONS SIMULATOR

The College also houses the liquid cargo operations simulator, a really important educational tool, which enables the execution of crucial functions for safe liquid cargo sea transport.

This particular tool offers real-time simulation in relation to planning and monitoring of loading, care during voyage and the discharge of hazardous liquid cargo as well as complying with sea pollution prevention requirements and maintaining the seaworthiness of the vessel with respect to stability stress.



## ENGINEERING WORKSHOP

The engineering workshop includes all the necessary equipment for the long-hour cadet Engineer training in highly essential actions pertaining to their vessel duties, as required by the academic programme.

Metropolitan College has also installed a highly functional WAUKESHA machine, an electric machine, (Delaval) splitters, educational purpose fishing boat and vehicle engines, machinist lathes, workbenches, arc welding and alternative heat stations, a durometer, a refrigerating machine, vertical milling machines, an air compressor, drills etc.

The aim of this workshop is to enhance the cadets' ability to maintain, assemble and disassemble machinery and equipment, to handle materials, as well as to promote their electronic/electric practice.



## EFFICIENT DECK HAND LAB

The Seamanship Centre enables cadets to learn and understand the names and functions of several vessel parts, vessel general function organization, function and maintenance of means of access, common cargo practices, and safety and seamanship procedures as well crew duties according to COSWP code. .

## NAVIGATION LAB

This particular lab is actually the traditional setting of navigation training. The lab includes all the traditional instruments (sextant, compass, two-parallel rules, paper charts / maps), through which deck cadets gain traditional shipping knowledge, essentially required for their academic progress and further training in navigation electronic aids and equipment.

## HOSPITALITY CENTRE

The Hospitality Centre room has been created to meet the requirements of high-level education and knowledge through experiential learning and it combines theory and practical application of knowledge, thus enabling programme graduates to effectively respond to job market needs and requirements as well as achieve appropriate professional development.

The Hospitality Centre room has been designed under the best functional standards and consists of Boat Passenger Cabin simulation, Dining Room and Bar simulation as well as other logistic equipment, necessary for an optimum educational outcome.





An aerial photograph of a large container ship sailing on a deep blue ocean. The ship is viewed from above, showing its long hull and the colorful stacks of shipping containers in red, yellow, and blue. The ship's wake is visible in the water.

# FACULTY OF SHIPPING AND MARITIME STUDIES

## BACHELOR PROGRAMMES

- BSc (Hons) Maritime Business
- BSc (Hons) Shipping & Port Management
- BSc (Hons) Maritime Law & Business
- BSc (Hons) Maritime Transport & International Logistics

Solent University's academic programmes in maritime studies, offered by the Metropolitan College, figure among the top maritime education programmes worldwide and they include up-to-date modules, which cover all the aspects of shipping business management (entrepreneurship, legal framework, chartering, international trade, management, supply chain, marketing, finance etc). The primary purpose of these programmes is to consolidate specialized knowledge and foster vital employment skills, which are indispensable for a career in international shipping. Assignments and research projects, which examine real conditions and operational matters, enable students to consolidate knowledge and develop research skills, entrepreneurial Intelligence, team spirit as well as communication skills.

**Degrees are directly issued by the SOLENT UNIVERSITY in SOUTHAMPTON.**

# BSc (Hons)

## Maritime Business

**DURATION: 3 YEARS**

The maritime industry is one of global significance, as well as a main pillar of global economy and international trade. The industry expands in a wide range of activities, including shipping businesses (ship owners, management companies, shipping companies), shipping services, ship construction and repair, port services, supply services, shipping equipment etc.

The Maritime Business BSc (Hons) programme has been designed according to the latest developments in the Shipping industry, covering the entire scope of Shipping Management knowledge and constantly offering an increasing number of career opportunities both in Greece (traditionally the greatest shipping force in the world) and abroad.

### MODULES

#### Year 1

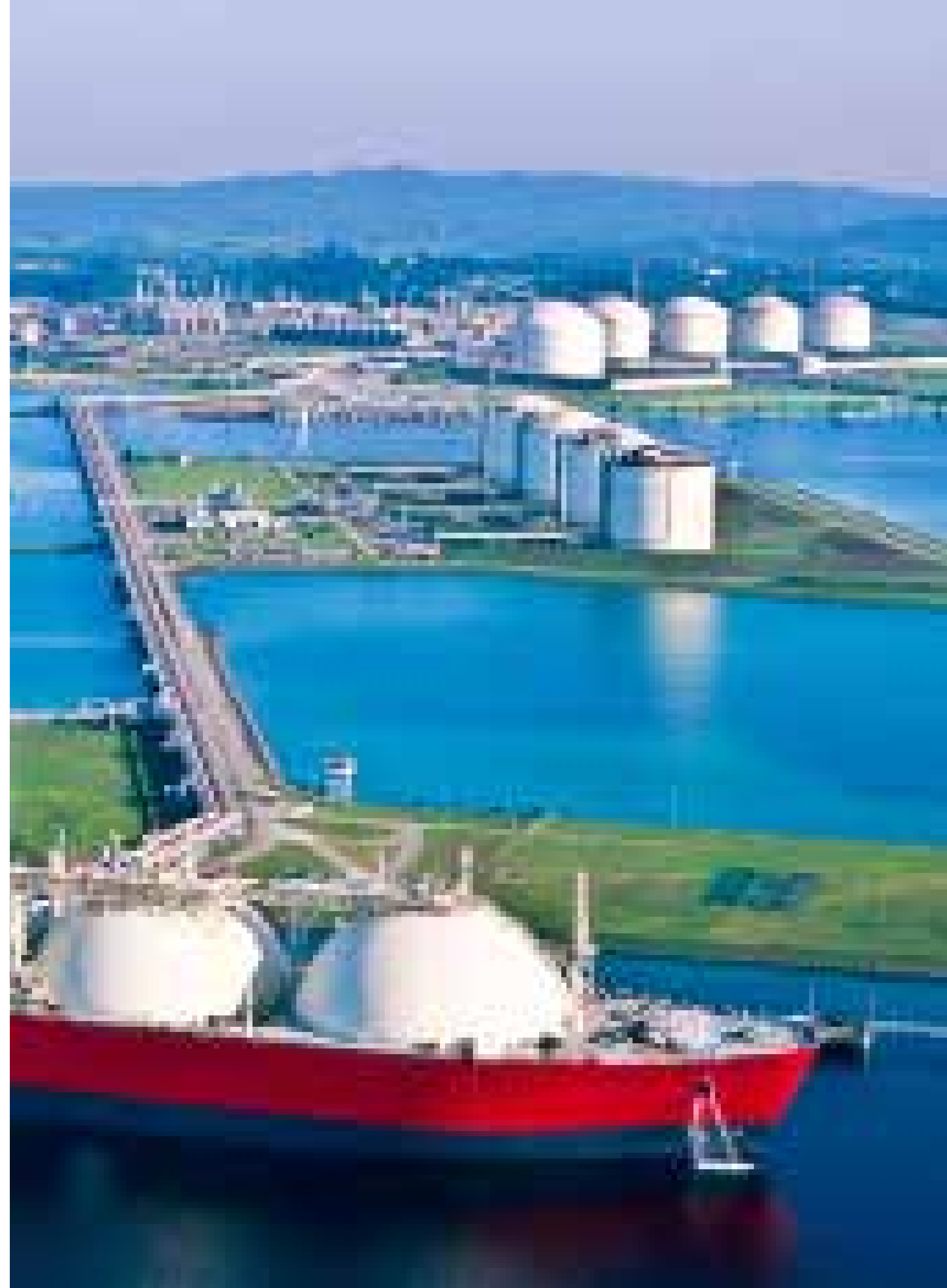
Research for Business  
Transport Geography  
Managing Financial Information  
Maritime Business  
Maritime Operations  
Introduction to Law

#### Year 2

Current Marine Issues  
Ports and Logistics  
Management of Marine Organisations  
Chartering Practice  
Carriage of Goods by Sea  
Ship Management and Operations

#### Year 3

International Trade Law  
Marine Finance  
Maritime Law and Risk Management  
Strategic Management and Marketing  
Supply Chain Management  
Project/Extended Project







# BSc (Hons) Shipping & Port Management

**DURATION: 3 YEARS**

Ports globally manage more than two thirds of international trade value and constitute a key point in the global transport chain. As countries develop and economies grow, sea transport, ship and port dependence are also increasing. Optimizing operations, time efficiency and cost reduction is continuous and essential in ports, in order to maintain competitiveness. Furthermore, improving ports in relation to environmental protection and safety appears to be necessary nowadays for those ports, which are willing to remain competitive in a constantly changing global setting.

The BSc (Hons) Shipping and Port Management programme has been designed according to the latest needs in port management. Both developing and developed economies now seek graduates with thorough knowledge and understanding of port operations, able to make effective contribution to Port Management.

## MODULES

### Year 1

- Introduction to Law
- Maritime Operations
- Maritime Business
- Transport Geography
- Managing Financial Information
- Business Skills Development

### Year 2

- Current Marine Issues
- Ports and Logistics
- Management of Marine Organisations
- Chartering Practice
- Ship Management and Operations
- Carriage of Goods by Sea

### Year 3

- Terminal Planning and Development
- Supply Chain Management
- Marine Pollution Management
- Strategic Marketing and Management
- Project/Extended Project
- Maritime Law and Risk Management







# BSc (Hons) Maritime Law & Business

**DURATION: 3 YEARS**

International shipping includes a wide range of activities regarding not only shipping business, but also a number of sectors, including shipping services. Several shipping services are provided by insurance companies, law firms specialized in shipping, ship broking companies etc. There are currently 45 law firms (10 of which are British), 8 of the largest insurance companies in the world and 23 P&I clubs (most of which are British) as well as 200 broking firms only in Piraeus.

The BSc (Hons) Maritime Law & Business programme aims to provide students with a solid base of understanding basic shipping industry rules and operations combined with advanced maritime law knowledge, which are often not covered in shipping studies bachelor programmes.

## MODULES

### Year 1

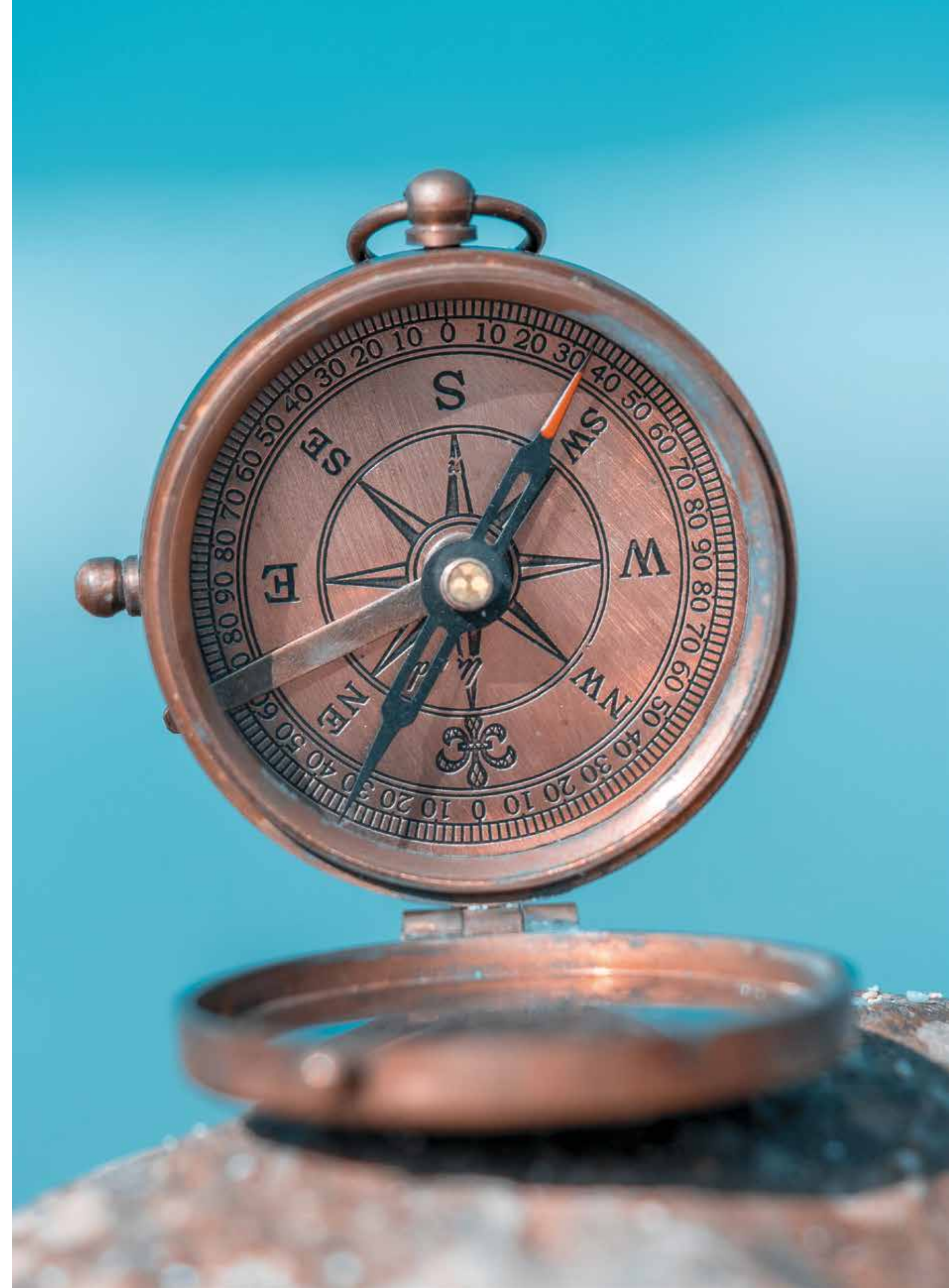
Transport Geography  
Managing Financial Information  
Maritime Business  
Maritime Operations  
Introduction to Law  
Research for Business

### Year 2

Management of Marine Organisations  
Carriage of Goods by Sea  
Current Marine Issues  
Jurisdiction and Conflicts  
Marine Insurance  
Ship Management and Operations

### Year 3

Maritime Law and Risk Management  
Project  
International Trade Law  
Corporate Accountability  
Admiralty Dispute Resolution







# BSc (Hons) Maritime Transport & International Logistics

**DURATION: 3 YEARS**

Transport and Logistics are nowadays recognized as highly important sectors of global economy. Considering that nearly 90% of the global trade volume is transported by sea, it is quite easy to understand the great significance of sea transport for international trade and global economy development as well as the increasing awareness of businesses regarding the role of Logistics in enhancing their competitiveness.

The Maritime Transport & International Logistics BSc (Hons) programme aims to create future Shipping executives, not only specialized in transport or inventory management, but also capable of making overall planning and making decisions in the entire range of transport and logistics activities.

## **MODULES**

### Year 1

Research for Business  
Transport Geography  
Managing Financial Information  
Maritime Business  
Maritime Operations  
Introduction to Law

### Year 2

Current Marine Issues  
Ports and Logistics  
Management of Marine Organisations  
Transport Logistics  
Ship Management and Operations  
Carriage of Goods by Sea

### Year 3

Project  
Supply Chain Management  
Procurement & Strategic Planning  
International Logistics Operations  
Economics & Transport Technology  
Terminal Planning and Development



A large container ship with a green hull and red bottom is sailing on the ocean. The ship is loaded with many colorful shipping containers. The sky is blue with some clouds. The ship is moving towards the right, leaving a white wake in the water.

# **FACULTY OF SHIPPING AND MARITIME STUDIES**

## **Master Programmes**

- MSc International Maritime Business
- MSc International Shipping & Logistics



# MSc International Maritime Business

**DURATION: 1 YEAR (FULL TIME) OR 2 YEARS (PART TIME)**

The profound significance of shipping for the International Trade becomes quite evident, considering that two thirds of international trade in value are transported by sea. Greece is the world leading ship owning country, controlling almost 50% of the EU merchant fleet.

This stimulating and intellectually challenging programme helps to provide students with the skills and knowledge required to operate successfully within the international maritime industry. The MSc International Maritime Business programme has a strong business focus and explores the complex factors involved in the management of ships and shipping operations worldwide. Students will reflect on the key aspects of maritime law, operations and risk management techniques and look at the impact of international trade on management strategies in the industry.

The programme ranks among the world leading postgraduate maritime business programmes, and with its rich blend of theoretical knowledge and practical skills, it aims to leave graduates well-equipped for careers in ship management or port operations, both in Greece and abroad.

## MODULES

Maritime Management  
International Maritime Law  
Maritime Operations  
and Transport  
International Trade  
and Commercial Law  
Economics of International Trade  
and Shipping  
Finance and Business Risk  
Research Methods  
and Proposal







## MSc International Shipping & Logistics

**DURATION: 1 YEAR (FULL TIME) OR 2 YEARS (PART TIME)**

More than 90% of the world's goods are transported by sea, thus making shipping the most important sector of global trade. Transport and Logistics are identified as the most significant global economy sectors and a major source of income and wealth. Greece is a point of reference in the field where transport, shipping and logistics meet, as it controls one of the most powerful shipping industries worldwide and its key geographical position makes Greece both the centre of international maritime passages and a gateway to the EU. Furthermore, Greek ports, large transport facility infrastructure and the expected completion of significant relevant investments, make Greece a key place for storage and transit of goods and, most importantly a reliable Logistics service provider.

The MSc International Shipping & Logistics programme enables students to develop all the skills and knowledge required for them to enter and pursue a career in this exciting world industry. Graduates shall expand their professional prospects of a career in shipping and logistics management positions, both in Greece and abroad.

### MODULES

Maritime Management  
International Maritime Law  
Maritime Operations  
and Transport  
Economics of International Trade  
and Shipping  
Research Methods  
and Proposal  
Supply Chain  
Management  
Operational Risk Management



A large container ship is shown from a side-on perspective, sailing on a blue sea under a clear sky. The ship's hull is dark, and its deck is covered with numerous colorful shipping containers in shades of red, blue, and green. The ship's superstructure, including masts and funnels, is visible in the background.

# MARITIME ACADEMY

- BSc (Hons) Marine Operations Management
- BEng (Hons) Marine Engineering & Management

Whether on cargo or passenger ships, on tankers, container-ships or bulk carriers, Merchant Navy officers experience a career full of challenges and they are active members of one of the most thriving industries in the world. The Metropolitan College Maritime education programmes are offered in partnership with the renowned Warsash Maritime Academy, which is part of Solent University in Southampton, UK. These programmes aim to create highly-skilled Merchant Navy officers, able to respond to current industry demands and challenges. The programmes focus on developing both comprehensive knowledge, but also the quality of character and interpersonal skills necessary to meet up with effectiveness to the standards of their profession. Merchant Navy Officer programmes consist of 6 successive training phases, alternating between time spent at college and time spent at sea. The 5th phase of the programme includes a 6-week training period, during which students will visit the Warsash Maritime Academy in Southampton, in order to undergo specialized training and participate in examinations at the MCA, which issues the relevant Certificate of Competency.

**Degrees are directly issued by the  
SOLENT UNIVERSITY in SOUTHAMPTON.**



# BSc (Hons) Marine Operations Management

DURATION: 4 OR 5 YEARS

Under the Master’s command, the Deck department is responsible for safe ship navigation and operation. Deck Officers are the main members of the ship management team, undertaking different roles (depending on their rank), including shifts, route planning, safe navigation, cargo loading, stability, communication and deck equipment. The captain carries full command and ultimate responsibility for crew, vessel, cargo safety as well as environmental protection.

The BSc (Hons) Marine Operations Management programme has been designed in order to cover the entire scope of necessary Maritime Science knowledge: ship navigation and handling, safe ship operation and management etc, so that graduates may be able to efficiently and successfully respond to all those multiple tasks assigned on board. Students graduate with the Officer of the Watch (3rd Officer) rank and they may immediately pursue a career at sea as well as a career on land later on, given that the maritime industry offers numerous opportunities for those who have successfully proven their worth on board.

MODULES

- Navigation
- Passage Planning Skills
- Watchkeeping and Communications
- Stability and Cargo Operations
- Law and Management
- Command Passage Planning
- Advanced Ship Stability and Construction
- Cargo and Port Operations
- Law and Management for Mates and Masters
- Bridge and Engineering Systems
- Maritime Issues in the Contemporary World
- Maritime and Commercial Law
- Maritime Technology Management
- Financial Management
- Safety Management
- Work-based Project







# BEng (Hons) Marine Engineering & Management

DURATION: 4 OR 5 YEARS

Under the Chief Engineer's command, the Engine department is responsible for the safety, performance and efficiency of the vessel's machinery. Engineer officers are responsible for the maintenance and operation of all mechanical and electrical installations of the ship. Moreover, a major aspect of their duties involves the immediate and effective problem solving related to the mechanical and electrical equipment of the vessel.

The BEng (Hons) Marine Engineering & Management programme has been designed to cover the entire scope of Marine Engineering: mechanical and electrical systems, thermodynamics, mechanics etc, so that graduates may be able to efficiently respond to the duties assigned to them on board. Young engineers are usually employed on board as 3rd Engineer Officers, undertaking ship duties and, as their skills and experience develop, they progress as officers, thus achieving the Chief Engineer's rank. There are considerable opportunities for engineers on land as well, and Chief Engineers usually become Chief Engineers in the company offices or they take over the management of the Technical Department.

## MODULES

- Mathematics
- Marine Electrics
- Marine Engineering Operations
- Marine Auxiliaries
- Engineering Management Systems and Legislation (Operational)
- Materials Science
- Mechanics
- Thermodynamics
- Introduction to Electronics, Instrumentation and Controls
- Further Mathematics
- Advanced Marine Electrics
- Instrumentation and Controls Principles
- Marine Propulsion (Motor)
- Marine Propulsion (Steam)
- Ship Stability and Construction
- Engineering Management Systems, Resources and Legislation (Managerial)
- Engineering Design and Project
- Further Mechanics
- Further Thermodynamics
- Maritime Report
- Research Management
- Project Management
- Professional Engineering Management
- Naval Architecture
- Control Systems
- Electronic Digital Design





# SUPERYACHT ACADEMY

Training programmes  
for Superyacht Officers and Crew

## DECK OFFICERS

- Officer of the Watch  
– Yachts Unlimited Certification
- Officer of the Watch  
– Yachts less than 3000GT
- Chief Mate  
– Yachts less than 3000GT
- Master 200GT
- Master – Yachts less than 500GT
- Master – Yachts less than 3000GT
- Yacht Captain Special Training

## CREW TRAINING

- Yacht Interior Specialist
- Junior Steward CoC
- G.U.E.S.T.
- Yacht Chef
- Deck Hand (Ναύτης)

## ENGINE OFFICERS

- Engineer Officer of the Watch  
– Yachts Unlimited Certification
- 2nd Engineer (SV)  
– Yachts under 3000GT & 9000KW
- Chief Engineer (SV)  
– Yachts under 500GT & 3000KW
- Chief Engineer (SV)  
– Yachts under 3000GT & 9000KW

## RYA TRAINING CENTRE

- Yachtmaster Ocean
- Yachtmaster Offshore
- Yachtmaster Coastal
- Advanced Powerboat
- Tender Operator
- Powerboat Level 2
- GMDSS SRC (VHF)

The Superyacht Academy of Metropolitan College offers yacht officers and crew training programmes of the highest standards in collaboration with Warsash Superyacht Academy (part of Solent University, Southampton), the Maritime and Coastguard Agency of the UK (MCA), the Royal Yachting Association (RYA), and the International Association of Maritime Institutions (IAMI). The purpose of all yacht training programmes is to provide participants with advanced knowledge and skills that will enable them to succeed in an industry that is both extremely demanding and competitive. The Superyacht Academy of Metropolitan College is located in the centre of Piraeus in a vertical property of 3500m2 with first class facilities, built in accordance to incomparable standards of operation and effectiveness. The infrastructure and equipment that Metropolitan College has invested in give students the opportunity to be trained in an unparalleled environment, where they can develop as yachting professionals.



## DECK OFFICERS

- **Officer of the Watch** – Yachts Unlimited Certification
- **Officer of the Watch** – Yachts less than 3000GT
- **Chief Mate** – Yachts less than 3000GT
- **Master 200GT**
- **Master** – Yachts less than 500GT
- **Master** – Yachts less than 3000GT

Superyacht Deck Officers training programmes have been designed by Warsash Superyacht Academy based on yachting needs, so as to produce officers, able to understand the complexity of the particular sector and well-trained to respond to its high demands. Trainees shall gain knowledge and practical skills in three major topic categories

- **Superyacht (over 24m) voyage planning**
- **Yachting meteorology**
- **Superyacht (over 24m) stability and safety**

The programmes consist of both theory and practice, aiming to enable understanding of Yachting particularities, communication etiquette and interaction within superyacht hierarchy, multicultural environment, health issues and safety, luxury hospitality principles as well as to develop deck crew skills, superyacht bridge leadership skills, superyacht (over 24m) mooring and anchoring skills, yacht maintenance knowledge.

The Superyacht Deck Officers training programmes include certification options ranging from 200GT to unlimited. It should be noted that admission to these programmes is open to young people, who wish to start a yachting career, as well as to experienced people or professionals, seeking to upgrade their qualification and certifications. Experienced candidates and professionals are offered the opportunity of admission at an advanced programme stage, based on prior assessment of their certificates.



### Yacht Captain Special Training

**DURATION: 3 Weeks**

The Captain is responsible for the safety, the operation and the navigation of the superyacht, while also being the point of contact for the owner. Deck Officers of the Merchant Navy are quite often selected to master a superyacht, as their previous experience in navigating merchant vessels has equipped them with numerous skills that enable them to properly respond to the challenges of their multi-faceted role aboard a superyacht.

The YACHT CAPTAIN SPECIAL TRAINING programme aims to assist Merchant Navy Officers in making a successful career swift and in adjusting their skills to better fit into the superyacht industry demands.

#### MODULES

- Superyacht maintenance
- Vessel handling & maneuvering
- Anchoring / docking techniques
- Leadership & crew management
- Bays & anchorage places for superyachts in the Mediterranean sea
- Introduction to yacht budgeting
- Essential rules & behavior for guest approach







## ENGINE OFFICERS

- **Engine Officer of the Watch** – Yachts Unlimited Certification
- **2nd Engineer** – Yachts under 3000GT & 9000KW
- **Chief Engineer (SV)** – Yachts under 500GT & 3000KW
- **Chief Engineer (SV)** – Yachts under 3000GT & 9000KW

Superyacht Engine Officers training programmes have been designed by Warsash Superyacht Academy in accordance with the Maritime Coastguard Agency guidelines and the STCW international convention standards and they aim to create highly-skilled engineers, able to efficiently and effectively perform their duties in the demanding setting of a superyacht (over24m) engine room.

The programmes include both theory and practice with a broad scope of topics, in order for trainees to familiarize themselves not only with the necessary knowledge of engineering, but also with a range of issues, such as engine room personnel leadership and supervision, health and safety, luxury hospitality, multicultural environment and etiquette.

Trainees shall gain knowledge and practical skills in three major topic categories:

- **Marine engineering**
- **Maintenance**
- **Models and methods of diagnosis and complex problem solving on different superyacht types**



# CREW TRAINING

## Yacht Interior Specialist

**DURATION: 4 weeks**

The professionalism and level of expertise of the interior crew are of major significance for the successful delivery of the outstanding and flawless service requested from the highly demanding clientele of the superyacht industry. The YACHT INTERIOR SPECIALIST training programme aims to provide participants with an exceptional skillset, which combines principles of silver-star service and basic equipment handling with advanced services that can be offered upon demand aboard a superyacht. Upon successful completion of the programme, the Interior Specialists will set apart from stewards and have a head start in the industry.

### MODULES

#### G.U.E.S.T. 1

Special event planning  
Teambuilding & communication skills  
Introduction to wire & rope handling  
Introduction to yacht wellness & massage treatment  
Introduction to beauty therapy  
RYA VHF  
RYA Powerboat (Level 2)



## G.U.E.S.T. / Junior Steward CoC

**DURATION: 4 weeks**

The G.U.E.S.T. programme is the only Internationally Accredited Maritime Hospitality & Service Training and Certification Programme available to Crew working in the Luxury Super Yacht sector. The GUEST Program has been designed to inspire, support and further careers for current and future Stewards and Stewardesses working in the luxury Super Yacht sector, and is recognised, supported and endorsed by major Superyacht Associations & heads of industry who consider the GUEST Program as the global interior crew training standard.

The GUEST Program is Accredited by the International Association of Maritime Institutions.

Metropolitan College's Superyacht Academy offers the G.U.E.S.T. 1 (Introduction level) training programme.

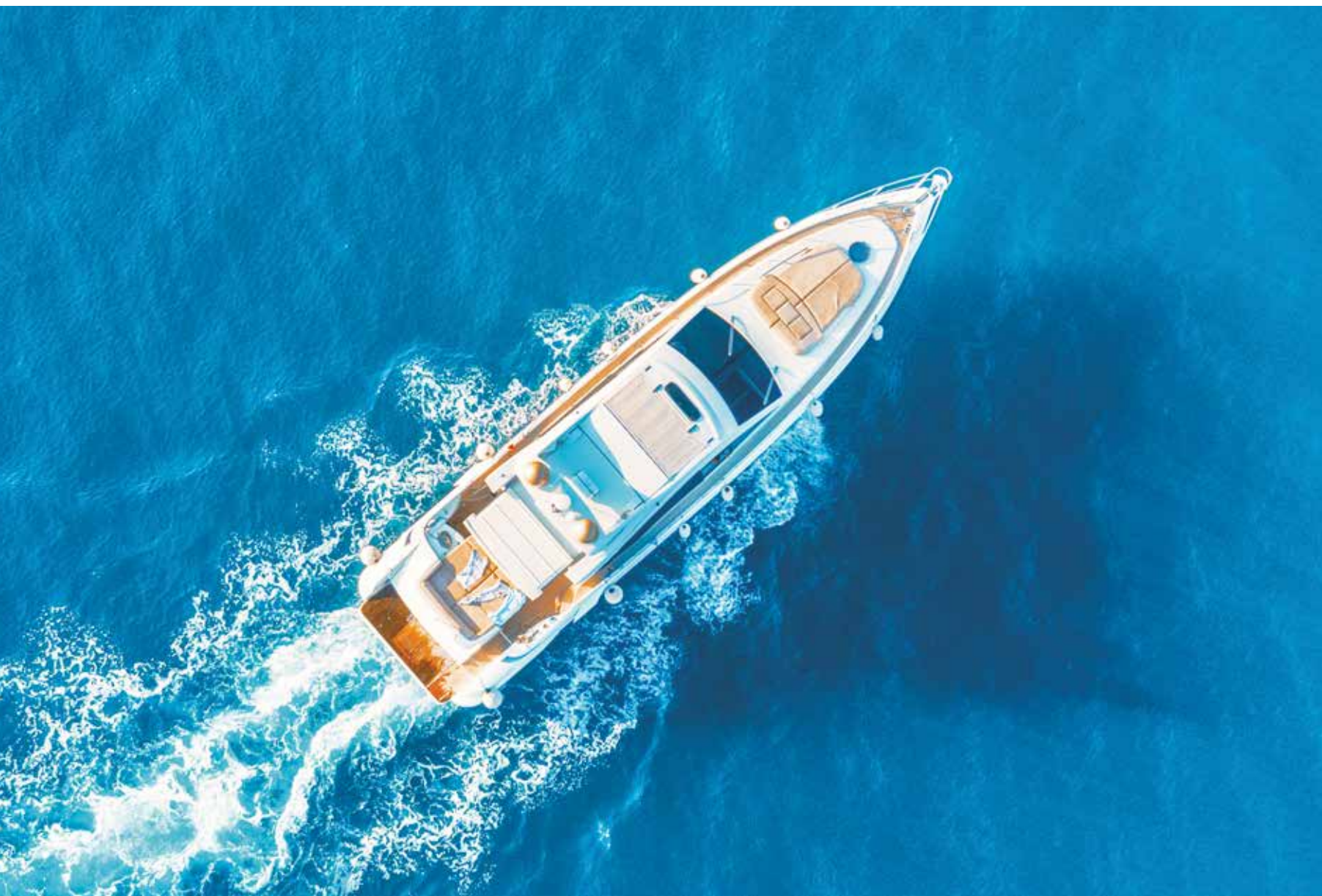
The programme provides a solid introduction to the role of an interior crew member on board a Super

Yacht. This is a high end industry and there is no room for errors, thus this Introduction training platform teaches the basic skills required to ensure that when a steward/ess takes his/her position, he/she is bringing some relevant skills and value to the job.

### MODULES

Yacht Interior Introduction  
Basic Food Service  
Wine, Bartending & Mixology

Upon completion of the programme, participants will be able to comprehend the basic principles for high-quality service offering in the Superyacht industry. In order to fully support Superyacht Steward Training, Metropolitan College has created a special Hospitality Centre, which includes a Room Simulator, Bar Simulator, Kitchen Facilities and Fine Dining Simulation.







## Yacht Chef

**DURATION:** 4 weeks

The YACHT CHEF training programme is suitable for land chefs who wish to pursue a career in the yachting industry. The programme aims to provide participants with the necessary skills required to meet the challenges of a Chef position aboard a superyacht, such as delivery of well-presented and varied dishes, ability to develop a large repertoire of recipe ideas and execute them with confidence, creative thinking, effective space and provision management, etc.

### MODULES

- Introduction to the superyacht industry
- Provisioning, loading and storing
- Guest chef / crew cook
- Familiarization with international cuisine
- Special dietary requirements
- Creating an 'a la carte' menu
- Time management
- Extensive workshop in full menu preparation

## CREW TRAINING

### Deck Hand

**DURATION:** 4 weeks

All crew members aboard a superyacht must abide to the same principles of professionalism and dedication to excellence; deck hands are no exception. A deckhand's duties include keeping all yacht equipment clean and properly maintained, providing navigational support, assisting in docking procedures and in guest services if requested. The Deck Hand training programme aims to provide participants with the skills and knowledge required to meet up to the standards of their position, and to broaden their mindset so as to be able to think out of the box and to understand the importance of work ethic and positive attitude when pursuing their career on board.

### MODULES

- Introduction to the superyacht industry
- Deck hand course
- STCW basic safety training & proficiency in security awareness
- RYA VHF
- RYA Powerboat (Level 2)
- Teambuilding & communication skills







Metropolitan College's Maritime Academy has been recognized as a RYA training centre and offers yacht training programmes of this internationally recognized institution.

The programmes include both theory and practice, covering the entire scope of safe yacht handling and navigation. They are designed for professional seafarers, who wish to develop their skills and broaden their professional horizons.

### **YACHTMASTER programmes**

An RYA Yachtmaster needs a wealth of knowledge, not only to cope with plain sailing or motor cruising but also to be able to cope in demanding situations.

RYA qualifications, in particular the RYA Yachtmaster Offshore and Yachtmaster Ocean Certificates of Competence, are recognized and respected around the world. Qualification as a RYA Yachtmaster is the ultimate aim of many skippers, both professional and recreational.

Following the completion of specific RYA programmes, Metropolitan College offers certificate holders the unique opportunity (in Greece) to attend training programmes leading to a Certificate of Competency, directly issued by MCA.

### **POWERBOAT programmes**

The programmes are addressing those wanting to drive small open powerboats such as RIBs (rigid inflatable boats), sports boats and small launches. These boats are generally powered by an outboard engine, do not normally have accommodation on board, and so are not intended for extended cruises. They may be used for short coastal or inland trips, safety cover for other watersports, waterskiing or as a support boat for diving.

The programmes target both professionals, who may be operating powerboats as part of their job, and recreational skippers, who wish to train in safe Powerboat handling and navigation.



## Yachtmaster Coastal

**DURATION:** 4 weeks

“Yachtmaster Coastal” Certificate of Competency allows holders to operate yachts up to 200GT up to 24 miles from the coast.

### Theory

Theoretical modules (duration: 50 hours) take place in the Superyacht Academy facilities and are completed within 4 weeks.

Upon completion, participants are able to obtain the RYA/MCA Yachtmaster Coastal Shorebased Course Completion Certificate

### Practical Preparation

Practical modules (duration: 2 days) take place in training boats of the academy, where the exam is also conducted.

### Type of exam

Practical (on board)

## Yachtmaster Offshore

**DURATION:** 4 weeks

“Yachtmaster Offshore” Certificate of Competency allows holders to operate yachts up to 200GT up to 150 miles from the coast.

### Theory

Theoretical modules (duration: 50 hours) take place in the Superyacht Academy facilities and are completed within 4 weeks. Upon completion, participants are able to obtain the RYA/MCA Yachtmaster Coastal Shorebased Course Completion Certificate.

### Practical Preparation

Practical modules (duration: 2 days) take place in training boats of the academy, where the exam is also conducted.

### Type of exam

Practical (on board)

## Yachtmaster Ocean

**DURATION:** 4 weeks

“Yachtmaster Offshore” Certificate of Competency allows holders to operate yachts up to 200GT on passages of any length in all parts of the world.

### Theory

Theoretical modules (duration: 40 hours) take place in the Superyacht Academy facilities and are completed within 3 weeks.

Upon completion, participants are able to obtain the RYA/MCA Yachtmaster Ocean Shorebased Course Completion Certificate, following a written exam at the academy.

### Type of exam

Written and oral

*\*“RYA/MCA Yachtmaster Ocean Shorebased Course Completion Certificate” holders are exempt from additional written exams.*



# RYA TRAINING CENTRE

## Powerboat – Level 2

**DURATION: 2 days**

This two-day entry level course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence (ICC).

It focuses on low speed close quarters handling, man overboard recovery, an introduction to driving at planing speed and collision regulations.

Powerboat – Level 2 provides all the necessary skills and knowledge for powerboat craft handling in familiar waters during day time passages.

## Advanced Powerboat

**DURATION: 2 days\***

This course is for leisure and professional boaters wanting to undertake more adventurous trips by day and night.

It includes navigation at planing speed, weather and other aspects of skippering powerboats on more challenging passages in coastal waters.

*\* including a night navigation training session.*

## GMDSS SRC

Short range radio-communication system use

The course is addressed to all crew members and provides participants with knowledge and skills required for proper use of vessel radio-communication system.

The RYA SRC Certificate is the minimum qualification required to operate marine VHF radio equipment on a yacht.

### Course subjects indicatively include:

- Routine operation of marine VHF radio
- The correct VHF channels (frequencies) to be used for each type of communication
- Distress, emergency and medical assistance procedures
- Ship to shore communication
- Global Maritime Distress and Safety System (GMDSS)

Training for the course is online, using a password provided by the academy

### Type of Exam

Written and practical





## EDUCATIONAL INITIATIVES

## «SHIPPING LEADERS IN RESIDENCE» INSTITUTION

With continuous focus on students and the creation of consummate maritime professionals, Metropolitan College is once again innovative by launching the “SHIPPING LEADERS IN RESIDENCE” speakers’ programme. Metropolitan College hosts throughout the academic year leading figures and prominent personalities of the shipping industry, who share their many years of experience with both the students and the general public. Hosted lectures focus each time on a different subject, which is directly related to the shipping industry, but also discuss the latest developments, trends and challenges for the maritime sector worldwide.

The lectures offered as part of the Shipping Leaders in Residence speakers’ programme are delivered in the Metropolitan College Auditorium in Piraeus once per month and the topics of discussion include resilience of seafarers, tanker vetting inspection schemes, marine environmental protection and claims management arising from breach of charter-party contracts.

Metropolitan College has the honour and pleasure to host in their “SHIPPING LEADERS IN RESIDENCE” lectures representatives of the most prominent shipping companies in Greece, thus offering students a unique opportunity to enrich their knowledge in topics not directly covered through their programme of study, which broaden out their thinking.





# INTERNATIONAL CONFERENCE ON MARITIME EDUCATION

**M**etropolitan College Maritime Academy organizes annually the International Conference on Maritime Education, which aims to discuss topics related to contemporary seafarer education and training.

In 2019, the International Conference on Maritime Education took place at Eugenides' Foundation Lecture Hall and hosted 20 leading speakers of the shipping industry from Greece and abroad. Focusing on the Challenges of Educating the Seafarer of 2030, the Conference was unfold in four discussion panels, which analysed and discussed topics related to seafarer safety at sea, the essential preparation and adaptation process of young seafarers to the digital era and new technology, environmental protection, which has increasingly come to the forefront in view of the new environmental regulations, as well as the future of maritime employability.

With interesting lectures and presentations attracting a number of professionals and students from the shipping industry, a most successful conference organization for a second consecutive year along with a high number of participants, the conference is becoming a milestone in keeping the Greek Maritime Community informed and updated regarding maritime education and training issues.











## EVENTS - VISITS

## Metropolitan College Maritime Academy changes everything

The official launch of the Metropolitan College Maritime Academy – the only integrated option of high-quality maritime studies in Greece - in collaboration with Solent University and the world's leading maritime academy based in Southampton, UK, was celebrated at an impressive event at the Athens Concert Hall. The Maritime Academy is based in the brand new facilities of Metropolitan College in the heart of Piraeus, covering 3.500m<sup>2</sup>. In the presence of more than five hundred guests, including the Minister of Shipping and Island Policy, Mr Panagiotis Kourouplis, the New Democracy Chief of Shipping and Island Policy Division, Mr Ioannis Plakiotakis, the Mayor of Piraeus, Mr Ioannis Moralis, ship owners and executives of the largest shipping groups worldwide, representatives of institutional bodies and Chambers, academics and representatives of the press and culture, Metropolitan College celebrated the launch of a new era for private education, concluding a grandiose enterprise (of immense significance and under careful preparation in the last few years) and materializing a joint strategy between the two institutions commensurate with their size and reputation.

The honorary guest was Captain Panagiotis Tsakos, Founder and President of TSAKOS GROUP, who was awarded an honorary Doctoral degree in maritime training by Solent University for his valuable contribution to the Maritime industry, according to the official ritual of Doctoral degree conferment followed by Solent University.

Metropolitan College has entered into partnership with the world-leading maritime academy, Southampton's 70-year-old Solent University Warsash School of Maritime Science and Engineering, with the aim of delivering comprehensive Maritime Education and Training with an international perspective. The new MARITIME ACADEMY covers the entire range of maritime training, starting with merchant navy officers (masters and engineers), Yacht and Superyacht officers and crews and offering undergraduate and postgraduate courses in Maritime Business. In addition, Metropolitan College has been collaborating with the Professional Yachting Association (PYA) to provide specialized certifications with international recognition in the field of Yachting.

The establishment of the private Maritime Academy marks a new era for Metropolitan College and Greek maritime education, as it gives young people the opportunity to attend one of the world's best maritime academies without leaving their country. Generous support was offered by all the great ship owners and shipping companies, who have enthusiastically contributed to this effort and have honoured the Metropolitan College educational institute with their presence in this important event.



## Maritime Academy in POSIDONIA 2018 fair



Metropolitan College Maritime Academy actively participated in Posidonia 2018 fair, the global maritime industry's top exhibition. With an impressive stand in Athens Metropolitan Expo, where the maritime exhibition took place, Metropolitan College launched the newly-established Maritime Academy in Greece in partnership with the world leading Warsash maritime academy of Solent University in Southampton. During the official opening of the exhibition, the UK Minister of Shipping, Mrs Nusrat Ghani and the British Ambassador, Mrs Kate Smith, visited the Metropolitan College Stand and were informed about the new Maritime Academy, which will begin operating in the heart of Piraeus.

## The School of Shipping and Maritime Studies at the 8<sup>th</sup> HYDRA SHIPPING CONFERENCE

The Metropolitan College Maritime Academy participated in the 8<sup>th</sup> Hydra Shipping Conference under the title «MONEY TALKS BUT WEALTH

WHISPERS”, which took place in the historic island of Hydra and is annually organized by the Fraternity of Athenian Hydriots. Leading Greek ship-owners, as well as senior shipping industry business executives, company representatives, consultants, academics and members of Hydra's historic shipping families, took part in the conference. Professor Dinos Arcoumanis, Chairman of Metropolitan College Academic Board, was one of the keynote speakers in Part II of the Conference regarding Business Strategy in the Shipping Industry.

## The School of Shipping and Maritime Studies at the 10<sup>th</sup> Maritime Finance Conference

For a second consecutive year, Maritime Business students attended the 10<sup>th</sup> Maritime Finance Conference, which was held at the War Museum Conference Hall and organized by the Institute of Maritime & Economic Strategy and MARITIME ECONOMIES newspaper.

The theme of the congress referred to Maritime Finance, under the title “Shipping as private or listed? The Shipping Finance alternatives in 2018”. A number of presentations and discussions by Managing Executives of shipping companies and financial institutions specialized in shipping finance, took place during the conference. Metropolitan College students participated in the conference posing questions to the speakers regarding crucial issues on Shipping Finance and the international stock market contribution to financing Greek Shipping. Their participation offered them the opportunity to meet prominent Shipping industry executives as well as develop constructive educational dialogue.

## Metropolitan College at the 8<sup>th</sup> Shipping Conference

Metropolitan College's School of Maritime Studies participated in the 8<sup>th</sup> Shipping Conference under the title “Shipping Finance & Capital Markets: Shipping as Private or Listed? The Shipping Finance Alternatives in 2017”, organized by the Institute of Maritime & Economic Strategy and MARITIME ECONOMIES newspaper.

This conference is held annually and this year it took place at the Athens Hilton Hotel as part of Money Show. Students had the opportunity to attend interesting presentations and lectures by prominent scientists and executives of the shipping industry in relation to Shipping finance and International Markets.

## The Superyacht Academy at the 5<sup>th</sup> Mediterranean Yacht Show in Nafplio



Metropolitan College's Superyacht Academy participated as an exhibitor in the 5<sup>th</sup> Mediterranean Yacht Show in Nafplio, the greatest Yachting exhibition in terms of the total number of participations in Greece. More than 400 com-

mercial visitors from around the world attend the exhibition, whereas the view of yachts attracts all visitors of Nafplio city during the yacht show days. The Mediterranean Yacht Show is an initiative that aims exclusively to promote Greek high-quality yachting. The event is organized by the Greek Yachting Association, under the auspices of the Ministry of Tourism, with the support of the Municipality of Nafplio and the Prefecture of Peloponnese.

## The School of Shipping visits TSAKOS Group of Companies



Students of the School of Maritime Studies visited the TSAKOS Group of Companies headquarters. During their visit, the students enjoyed a guided tour of all departments and were informed in detail about their management and operations by the company's executives. TSAKOS S.A. was established in 1970 in Piraeus by Captain Panagiotis N. Tsakos and today manages a diverse fleet consisting of tankers, containers and dry cargo ships, numbering 69 vessels with a capacity of 6.7 million deadweight tons. It is one of the three largest Greek ship brokering and shipping service groups and one of the ten greatest tanker companies globally, while in the last 20 years the group has quadrupled its fleet.



### The School of Maritime Studies at Green4Sea Conference

The students of Metropolitan College's School of Maritime Studies attended the 2017 Green 4 Sea Conference, which took place at the Eugenides Foundation, Athens. The conference was addressed to all companies and people interested in Sustainable Shipping and Green Technology and attracted more than 1.000 delegates and a total of 450 organizations from the shipping industry (maritime security, shipbrokers, technical companies). During the conference, students had the opportunity to meet and interact with many distinguished businessmen and executives of the Greek Shipping industry, including ship owner Mr Antonis Mavrakakis of Mayamar Shipping Enterprises.

### The School of Maritime Studies at the Setel Hellas International Maritime Conference

The students of Metropolitan College's School of Maritime Studies attended the Setel Hellas International Maritime Conference entitled "Unlock the Business Value of Digital Ship", which took place at the Aikaterini Laskaridis Foundation in Piraeus. Attendants had the opportunity to discover the true business benefits arising from technological innovation and devotion to fundamental maritime community principles: inspiration, collaboration and effectiveness. During the conference, the students had the opportunity to meet and interact with prominent figures of the Greek Shipping business industry. The conference carried a commemorative and symbolic character, as 2017 was declared as "European Maritime Year".

### The Superyacht Academy at the 17th EAST MED YACHT SHOW in Piraeus

Metropolitan College's Superyacht Academy participated as an exhibitor in the 17<sup>th</sup> EAST MED YACHT SHOW, one of the most important, high-profile and prestigious events taking place in Piraeus. The East Med Yacht Show was held at Marina Zea for a third consecutive year, aiming to enhance the services provided in superyachts, promote and boost high-quality sea tourism and establish Greece and Piraeus in particular, as an international tourist destination. At least 5000 people visit the exhibition annually.

### Metropolitan College at "POSIDONIA 2016" International Exhibition

Metropolitan College announced the launching of its School of Maritime Studies, in partnership with Solent University of Southampton, at "POSIDONIA 2016", the greatest international Maritime exhibition, during a joint press conference by Mr Constantinos Rodopoulos, President of Metropolitan College, and Prof. John Chudley, Provost of Warsash Maritime Academy, Solent University of Southampton. Among the many distinguished guests from the academic and maritime business community were Prof. Dinos Arcoumanis FREng – Chairman of the Academic Board of Metropolitan College, Prof. David Rhind CBE FRS FBA – Chairman of the Nuffield Foundation, Prof. Graham Galbraith – Vice-Chancellor of University of Portsmouth and Mr. Nicky Pappadakis – Chairman, A.G. Pappadakis &Co. Ltd.

## STUDENT SUPPORT SERVICES

### International Programmes Office

The International Programmes Office facilitates and promotes all facets of internationalisation at AMC. It aims to be the first point of call for all international students and provides a wide range of services including general enquiries from prospective students, advice on the application for visa and study permits and general advice about their stay at Metropolitan College. The International Programmes Office is made up of full and part-time dedicated staff as well as a team of Student Ambassadors to accommodate all student needs. Our key roles cover:

- ▶ student exchanges and study abroad
- ▶ signature and tailor-made programmes
- ▶ international student recruitment
- ▶ pre-departure / arrival orientation, support in visa issues, airport transfer services
- ▶ specialist support services for students, staff and academic visitors from overseas
- ▶ welcome and farewell events
- ▶ special excursions and business field trips
- ▶ relationships with overseas partners and sponsors
- ▶ transnational education initiatives

### Career Office

Metropolitan College has established a powerful connection with the job market, in order to lead graduates to direct and effective employment, by providing them with liaison and career services. A number of Greek and multinational businesses collaborate with the Career Office and thus, select College graduates for employment every year. The Career Office aims to provide Met-

ropolitan College students and graduates with counselling support in terms of finding work, selecting a master's degree, CV writing as well as successful interview. Furthermore, the Office annually organizes the DevelopingU project, which includes a series of specialized seminars regarding the development of student professional skills as well as Career Days, intending to bring students into direct contact with organization and business representatives, thus achieving a connection between future employees and employers.

### Academic Learning Centre

The Academic Learning Centre aims to provide effective guidance for successful academic studies. It is a free service, which offers advice and solutions to issues faced by young and old students, addressing both individual students and small groups, who share the same support needs.

- ▶ Advice on effective study time management
- ▶ Academic writing skill improvement
- ▶ Critical analysis of assignments through face-to-face meetings / Academic honesty
- ▶ Proper use of references and avoiding plagiarism (Harvard System of Referencing)
- ▶ In-depth consolidation of research projects and similar procedures

### Counselling Centre

The Counselling Centre offers individual support as well as counselling to students facing personal problems, such as anxiety, stress, depression, eating disorders and mourning. The Counselling Centre may provide help regarding numerous other issues, such as family or personal relationship problems, making difficult decisions or choices and problems



regarding student adaptation to academic life and demands. The Counselling Centre aims to provide students with the following:

- ▶ Free, voluntary and confidential counselling support
- ▶ The opportunity to obtain counselling and support by professional therapists and counsellors
- ▶ The chance to attend structured group seminars on a wide range of topics in terms of counselling support

### **Learning Difficulties Diagnosis and Rehabilitation Centre**

The Learning Difficulties Diagnosis and Rehabilitation Centre (LDDRC) constitutes a Metropolitan College new initiative, which aims to help students with learning difficulties (diagnosed or not) to respond to their studies in the best possible way and improve their academic progress. Services include the following:

- ▶ Academic support to students with learning difficulties, adapted to their special needs, according to their official diagnosis
- ▶ Unofficial learning difficulties detection (for undiagnosed cases) and reference to official institutions for assessment (adult context)
- ▶ Parallel support to students with severe difficulty in their studies by students of the Metropolitan College Special Education programme

Metropolitan College is the only Greek College offering this innovative service to students with learning difficulties.

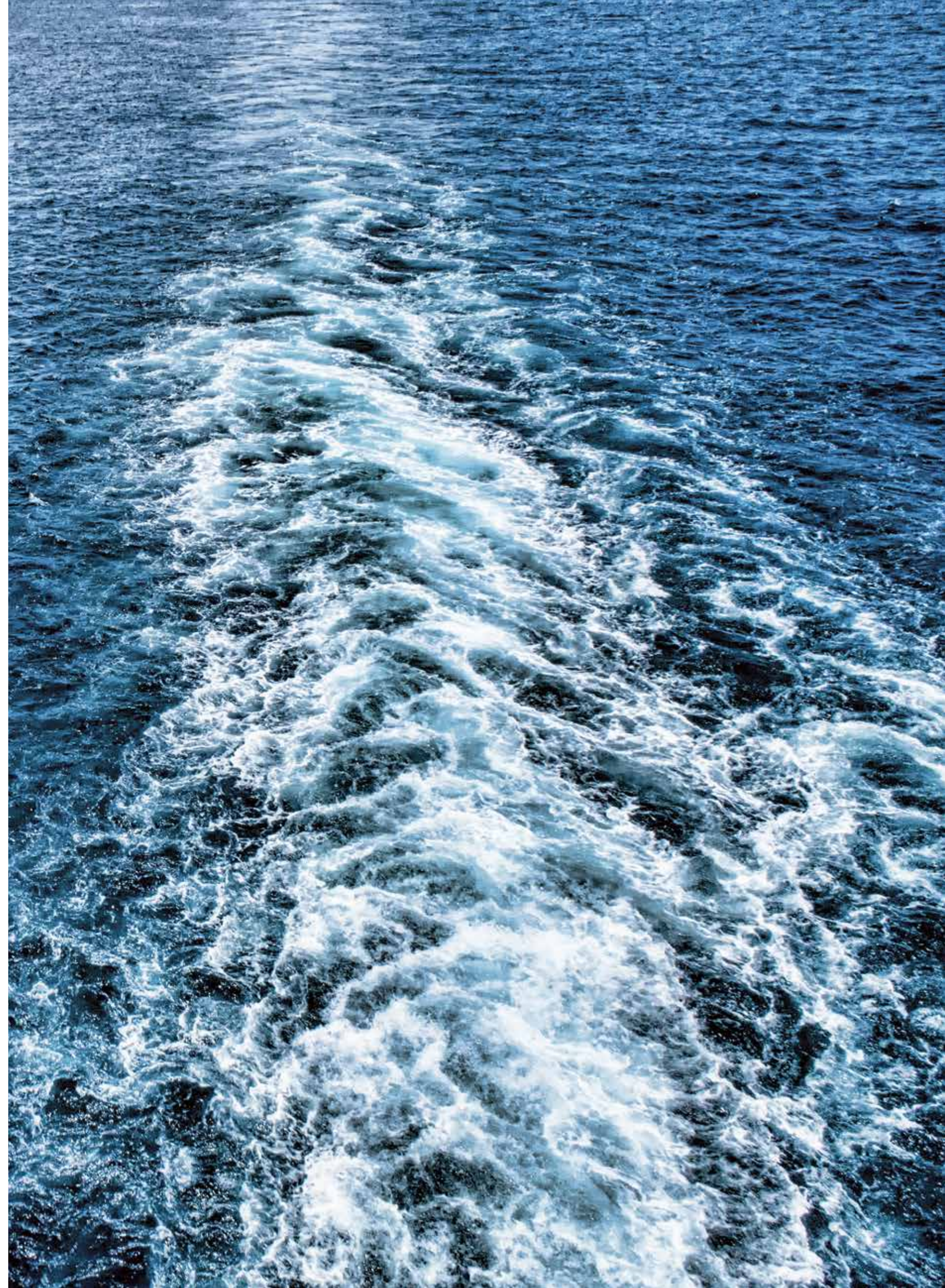
### **Nutrition Office**

The Nutrition Service is an initiative of the Metropolitan College Dietetics Programme. It refers to a nutritional support service, involved in providing support and advice in regard to nutrition and health. The Nutrition Office consists of senior Dietetics programme students, who – under the supervision of their academics and professional Dietitians -Clinical Nutritionists – offer the following services free of charge:

- ▶ Weight management
- ▶ Medical nutrition therapy
- ▶ Nutrition for children and teenagers
- ▶ Nutrition for the elderly
- ▶ Pregnancy and breastfeeding
- ▶ Nutrition for athletes

## **ADMISSION PROCESS**

Metropolitan College accepts admission applications throughout the year. We recommend that you may contact the International Programmes Office, in order to secure your place in the academic programme of your choice. It should also be noted that the number of admissions for each programme is fixed and determined by each partner university.







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